

North Canyon Dentistry
(623)582-8384

CROWN CEMENTATION INSTRUCTIONS

The following instructions are meant to be helpful tips to ensure success with your new crown.

1. If anesthetic was used, do not eat on the affected side until the numbness has worn off to avoid injuring yourself.
2. It is common to have sensitivity to cold, hot or crunchy foods for several days to several weeks after the procedure. You will want to moderate your diet. The use of Tylenol, aspirin or Motrin may be used to help with the sensitivity.
3. If your crown is porcelain, never chew ice, peanut brittle, frozen Snickers bars, popcorn seeds, or the like. These foods will fracture the porcelain.
4. Please understand that sticky foods, such as Dots, Starbursts, Milk Dud's and like foods can cause cemented dental work to come off. Avoid these foods.
5. If the new crown feels 'too high' or 'too heavy' to the bite, please call us so we may adjust it for you.
6. If the crown ever comes off, call the office as soon as possible to be evaluated and have it re-bonded.

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