

**North Canyon Dentistry**  
**17215 N. 72nd Dr., Suite A-100**  
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**POST-OPERATIVE INSTRUCTIONS FOR ROOT CANALS**

CONGRATULATIONS! YOU HAVE JUST ‘SURVIVED’ A ROOT CANAL! Hopefully it was an easier ordeal for you than you expected. After all is said and done, you will look back on this procedure and be thankful you had it performed, thus saving your ability to chew, smile and speak clearly. Whether the root canal was “finished” or just “opened”, the post operative instructions are pretty much the same. Your continued healing and expected outcome depend on you strictly following these instructions:

1. Please chew on the other side of your mouth if possible. Do not rely on your temporary restoration. While it seems strong, it was not designed to withstand full chewing forces like other fillings and crowns.
2. Please DO NOT floss around the temporary restoration as you WILL pull it out. You may brush lightly at this time. You will get to floss to your heart’s desire after the final restoration is placed. Should the temporary come out, please contact our office.
3. DO NOT chew gum. It always finds its way to the temporary, and WILL pull it out.
4. Please take all medication as directed. Should you experience any difficulty getting prescriptions, please contact us. Should you experience any reaction, such as a RASH, HIVES, GENERALIZED ITCHING, SEVERE NAUSEA, discontinue its use and contact our office.
5. Please contact our office should you experience unusual big swelling, fever of 102 F or generalized malaise (not feeling well).

Following these instructions will greatly help in a successful outcome! If you have any questions, please don’t hesitate to contact our office (623)582-8384.

Thank you,

Dr. Mack