

Care of Immediate Dentures and Partial

Keep the denture in the first night and night prior to next visit.

Continue a soft diet (pudding, soup, ice-cream, applesauce, eggs). Small bites and chew food on both sides simultaneously.

Clean dentures with supplied brush and tooth paste daily.

Take Vitamin C, 2000-4000 mg per day.

Rinse the wounds 2-3 times per day.

Practice speech by reading aloud in front of a mirror.

Come to your post-operative visits as scheduled so Dr. Mack can make adjustments to sores that inevitably occur. This way we can follow your progress. Call us if sores become a problem.

Avoid straws in drinks and smoking for 72 hrs as suction can dislodge blood clots causing an extremely painful "dry socket".

When in doubt take it out - if it is any other time after first night, or prior to the next days visit