

**North Canyon Dentistry
17215 N 72nd Dr., Suite A-100
Glendale, AZ 85308
(623)582-8384**

POST OPERATIVE INSTRUCTIONS FOR LASERS

WHY LASERS? WHY NOT?

Lasers are irrefutably used in many areas of medicine. Hence, it should be of no surprise for dental applications as well.

Because of the advantages of lasers you will experience:

1. Little to no bleeding.
2. Faster healing time due to biostimulation.
3. Little to no need for anesthetics and pain medicine.

Because lasers are used for some surgical and periodontal procedures, please keep in mind to:

1. Avoid the treated area with hard or sharp edged food.
2. Chew on the opposite side of the mouth for 2-3 days as this will be more comfortable.
3. Avoid the treated area with aggressive brushing for 2 days as this may feel tender or "raw". If instructed, use a medicated rinse such as Chlorhexidine as prescribed.
4. Apply Vitamin E oil via a cotton swab or Q-tip to the treated area once daily for 3-4 days. You will be supplied these from our office. Simply puncture a Vitamin E tablet with a safety pin.
5. Please make your follow-up appointment as scheduled.
6. Contact us if you have any questions at 623-582-8384.

Thank You,

Dr. Mack and Team