

North Canyon Dentistry
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POST-OPERATIVE INSTRUCTIONS FOR ROOT CANALS

CONGRATULATIONS! YOU HAVE JUST ‘SURVIVED’ A ROOT CANAL! Hopefully it was an easier ordeal for you than you expected. After all is said and done, you will look back on this procedure and be thankful you had it performed, thus saving your ability to chew, smile and speak clearly. Whether the root canal was “finished” or just “opened”, the post operative instructions are pretty much the same. Your continued healing and expected outcome depend on you strictly following these instructions:

1. Please chew on the other side of your mouth if possible. If you are wearing a temporary restoration, do not rely on it for chewing. While it seems strong, it was not designed to withstand full chewing forces like other fillings and crowns.
2. If you are wearing a temporary crown, please DO NOT floss around it, as you WILL pull it out. You may brush lightly at this time. You will get to floss to your heart’s desire after the final restoration is placed. Should the temporary come out, please contact our office.
3. If you are wearing a temporary crown or have a temporary filling in the root canal tooth, DO NOT chew gum. It always finds its way to the temporary, and WILL pull it out.
4. Please take all medication as directed. Should you experience any difficulty getting prescriptions, please contact us. Should you experience any reaction, such as a RASH, HIVES, GENERALIZED ITCHING, SEVERE NAUSEA, discontinue its use and contact our office.
5. Please contact our office should you experience unusual big swelling, fever of 102 F or generalized malaise (not feeling well).

Following these instructions will greatly help in a successful outcome! If you have any questions, please don’t hesitate to contact our office (623)582-8384.

Thank you,

Dr. Mack